

2016 Beresford Track and Field Lettering Requirements

In order to be considered for a letter in track and field, an athlete must attend all practices and meets, and finish the season in good standing with the coaches and team.

In addition to the above requirement, an athlete must meet one of the following standards to letter in Beresford Track and Field.

1. Place in the TOP 8 in an individual event or Top 5 in a relay race at the DAK XII Conference Meet (12 Teams)
2. Place in the TOP 8 in an individual event or TOP 3 in a relay race at the Region 3A meet (7 Teams)
3. Qualify for the state track meet as a competitor or alternate
4. Any senior who has participated in Beresford track and field for at least three years and displays great leadership skills, is a great teammate and positively represents the Beresford Track and Field program will earn a letter.

* The head coach has the right to letter an individual based on their overall performance at varsity meets during the season, leadership qualities, and dedication to the program.