

The Watchdog Athlete's Pledge

Individual and team success in sports results from commitment. The extent to which young athletes are able to make such commitments reflects their maturity as well as their dedication to family, friends, schools and team. As your coach, I have already made a similar kind of commitment. We ask that you read and agree to the following pledge.

As an athlete in my school, I promise:

1. To be a worthy representative of my teammates and coaches, abiding by school and community expectations and reflecting my team's values of commitment and hard work.
2. To following the training rules as prescribed by the Beresford School District.
3. To reflect the knowledge that a commitment to victory is nothing without the commitment to hard work in practice.
4. To attend every practice unless excused by the coach.
5. To understand that my future as a responsible adult relates more to my academic than my athletic activities.
6. To accept the responsibilities of team membership: cooperation, support of my teammates, shared responsibilities, positive interaction, and mutual respect.
7. To express my feelings and ideas intelligently and appropriately.
8. To reflect my belief that true strength involves gentleness and that even the toughest athlete is sensitive to others.

The Watchdog Parent's Pledge

Cooperation among coaches, athletes, parents, and school personnel is essential if students are to realize the values of athletic participation. Like coaches and athletes, parents must make commitments to the athletic program to assure such cooperation. We ask that you read the following pledge, and as needed, discuss your reactions with your child's coach or the school's Athletic Director. Thanks for your help.

As a parent of an athlete in this school, I promise:

1. To work closely with all school personnel to assure an appropriate academic as well as athletic experience for my child.
2. To assure that my child will attend all scheduled practices and athletic contests.
3. To require that my child abides by the school district's training rules.
4. To acknowledge the ultimate authority of the coach to determine strategy and player selection.
5. To promote mature behavior from students and parents during athletic contests.
6. To work cooperatively with other parents and school personnel to assure a wholesome and successful track and field program for our school.
7. To work closely with coaches and other school personnel to identify a reasonable and realistic future for my child as a student-athlete.