

Beresford Watchdog Cross Country

Week 54 Newsletter - September 19-September 25

This Week's Meet:

- **Thursday, September 22 - Union County Quad - Battle for the Ol' Canteen - The Pointe Golf Course in Elk Point, SD**

Ol' Canteen Meet Information

Date: Thursday, September 22, 2016 **Start Time:** 4:15 P.M.

Location: The Pointe Golf Course in Elk Point, SD
100 Truman Lane, Elk Point, SD 57025

Dismiss 2:20 **Bus Leaves:** 2:40 P.M.

Schedule and Distances:

4:15 P.M. Girls 5K (Everyone Runs)
4:45 P.M. Boys 5K (Everyone Runs)
5:15 PM. Presentation of the Canteen
6:15 P.M. Arrive Back in Beresford

Medals: Top 20 in all races; Plaque for Varsity Team Champions

Entries: Unlimited

Teams: Alcester-Hudson, Beresford, Dakota Valley, Elk Point-Jefferson

Team Award: A civil war era canteen was donated to be used as the trophy for this event. The lowest combined team score for boys and girls gets to take the trophy.

History: The canteen trophy was donated by the Union County Historical Society (Dean Chadwell). Doug Adams from Beresford made the stand that holds the canteen - the wood for the stand came from a barn in rural Union County that was well over 100 years old.

Past Winners of the Canteen:

2006 - Beresford	2007 - Beresford	2008 - Beresford
2009 - Beresford	2010 - Beresford	2011 - Beresford
2012 - Dakota Valley	2013 - Beresford	2014 - Beresford
2015 - Beresford		

This Week's Schedule at a Glance:

Monday, September 19 3:30-5:00 P.M. Practice

Tuesday, September 20 3:30-5:00 P.M. Practice

Wednesday, September 21 3:30-5:00 P.M. Practice

Thursday, September 22 Union Co. Quad - Battle for the Ol' Canteen

4:15 Start Time

Friday, September 23 3:30-5:00 P.M. Practice

Saturday, September 24 9:00-10:00 A.M. Voluntary Practice