

**Girls 3k Run CC JH**

| Name | School | Finals | Hea | Points |
|------|--------|--------|-----|--------|
|------|--------|--------|-----|--------|

**Results - Women**

|    |                      |                     |          |   |    |
|----|----------------------|---------------------|----------|---|----|
| 1  | Nelson, Tenley       | Luverne             | 12:17.80 | 1 | 1  |
| 2  | Ver Steeg, Brooklynn | Luverne             | 12:34.13 | 1 | 2  |
| 3  | Kruel, Katrina       | Dell Rapids         | 13:02.29 | 1 | 3  |
| 4  | Stark, Heather       | Elk Point-Jefferson | 13:15.51 | 1 |    |
| 5  | Koerner, Jada        | Freeman Acad        | 13:24.17 | 1 | 4  |
| 6  | VanStedum, Hannah    | SF Christian        | 13:26.05 | 1 | 5  |
| 7  | Lais, Tiana          | Luverne             | 13:31.32 | 1 | 6  |
| 8  | Wagner, Elizabeth    | Luverne             | 13:33.16 | 1 | 7  |
| 9  | Uecker, Erin         | Freeman             | 13:47.11 | 1 |    |
| 10 | Lems, Ellie          | SF Christian        | 13:54.44 | 1 | 8  |
| 11 | Juhnke, Cadence      | Parkston            | 13:57.97 | 2 | 9  |
| 12 | Hohn, Abby           | Parkston            | 13:59.16 | 2 | 10 |
| 13 | Bolander, Brecken    | Burke/South Central | 13:59.84 | 2 |    |
| 14 | Eide, Lillie         | Centerville         | 14:00.77 | 2 |    |
| 15 | Ingebretson, Grace   | Luverne             | 14:02.67 | 2 | 11 |
| 16 | Hansen, Adyson       | Beresford           | 14:02.98 | 2 | 12 |
| 17 | McDonald, Emma       | SF Christian        | 14:03.88 | 2 | 13 |
| 18 | Johnson, Nadia       | SF Christian        | 14:11.11 | 2 | 14 |
| 19 | Campbell, Sydney     | SF Christian        | 14:16.45 | 2 | 15 |
| 20 | Lentsch, Taryn       | Parkston            | 14:24.17 | 2 | 16 |
| 21 | Wills, Addi          | Beresford           | 14:29.74 | 3 | 17 |
| 22 | Riechert, Reese      | Parkston            | 14:31.48 | 3 | 18 |
| 23 | VanZee, Payton       | Dell Rapids         | 14:33.44 | 3 | 19 |
| 24 | Smidt, Sierra        | Lennox              | 14:34.27 | 3 |    |
| 25 | Cuppy, Payton        | Tea Area            | 14:47.51 | 3 | 20 |
| 26 | Hawkey, Ryen         | Tea Area            | 14:51.65 | 3 | 21 |
| 27 | Montgomery, Cariss   | Dell Rapids         | 14:52.67 | 3 | 22 |

|    |                     |                     |          |   |    |
|----|---------------------|---------------------|----------|---|----|
| 28 | Massey, Ashton      | Menno               | 14:52.88 | 3 |    |
| 29 | Poppema, Peyton     | SF Christian        | 15:00.20 | 3 | 23 |
| 30 | Weber, Alivea       | Freeman Acad        | 15:04.19 | 3 | 24 |
| 31 | Traxler, Lillian    | Beresford           | 15:04.21 | 4 | 25 |
| 32 | Eide, Sophie        | Centerville         | 15:05.95 | 4 |    |
| 33 | Luke, Hadley        | Freeman Acad        | 15:11.96 | 4 | 26 |
| 34 | Decker, Lydia       | Tea Area            | 15:13.48 | 4 | 27 |
| 35 | Welch, Sarah        | Garretson           | 15:15.63 | 4 |    |
| 36 | Johnson, Natalie    | Canton              | 15:15.74 | 4 | 28 |
| 37 | Frankenstein, Holly | Tea Area            | 15:17.44 | 4 | 29 |
| 38 | Slama, Trista       | SF Christian        | 15:18.53 | 4 |    |
| 39 | Buys, Emma          | SF Christian        | 15:21.31 | 4 |    |
| 40 | Stadem, Adisen      | Dell Rapids         | 15:24.05 | 4 | 30 |
| 41 | Stokes, Josie       | Menno               | 15:26.09 | 5 |    |
| 42 | Farley, Lucy        | Beresford           | 15:26.11 | 5 | 31 |
| 43 | Killian, Ashley     | Vermillion          | 15:28.02 | 5 |    |
| 44 | Brown, Kendall      | Canton              | 15:34.85 | 5 | 32 |
| 45 | Meyers, Sonora      | Freeman Acad        | 15:36.96 | 5 | 33 |
| 46 | Derby, Kaelea       | Menno               | 15:39.29 | 5 |    |
| 47 | Downs, Hannah       | Dell Rapids         | 15:42.26 | 5 | 34 |
| 48 | Meyer, Peyton       | Alcester-Hudson     | 15:43.60 | 5 |    |
| 49 | Hensley, Meghan     | Dakota Valley       | 15:43.76 | 5 |    |
| 50 | Granstrom, Vanessa  | Dakota Valley       | 15:43.82 | 5 |    |
| 51 | Chesmore, Genesis   | Dakota Valley       | 15:43.98 | 6 |    |
| 52 | Dent, Alyssa        | Freeman Acad        | 15:50.46 | 6 | 35 |
| 53 | Colt, Alicen        | Elk Point-Jefferson | 15:54.24 | 6 |    |
| 54 | Mockler, Lilly      | Vermillion          | 15:57.56 | 6 |    |
| 55 | Quartier, Macy      | Beresford           | 15:58.66 | 6 | 36 |
| 56 | Welch, Abigail      | Canton              | 16:02.38 | 6 | 37 |
| 57 | Lee, Maya           | Dell Rapids         | 16:06.13 | 6 | 38 |
| 58 | Bomgaar, Bailey     | Canton              | 16:14.84 | 6 | 39 |
| 59 | Schmidt, Jayme      | Dell Rapids         | 16:21.25 | 6 |    |
| 60 | Johnson, Karri      | Canton              | 16:23.83 | 6 | 40 |
| 61 | Krantz, Sidney      | Dell Rapids         | 16:25.48 | 7 |    |
| 62 | Heins, Olivia       | Tea Area            | 16:26.05 | 7 | 41 |

|    |                  |                |          |   |    |
|----|------------------|----------------|----------|---|----|
| 63 | DeLay, Isabel    | Beresford      | 16:48.91 | 7 | 42 |
| 64 | Fischer, Liberty | SF Christian   | 16:51.18 | 7 |    |
| 65 | Jones, Shae      | Beresford      | 16:54.42 | 7 |    |
| 66 | Pearson, Aiden   | Tea Area       | 17:01.71 | 7 | 43 |
| 67 | Weber, Andrea    | McCook Central | 17:11.71 | 7 |    |
| 68 | Downs, Addyson   | Dell Rapids    | 17:39.60 | 7 |    |
| 69 | Behrens, Sammy   | McCook Central | 17:46.24 | 7 |    |
| 70 | Florence, Taylor | Canton         | 17:47.94 | 7 | 44 |
| 71 | Wog, Sid         | Canton         | 18:24.67 | 8 |    |
| 72 | Carlton, Morgan  | Canton         | 23:51.79 | 8 |    |
| 73 | Miller, Emma     | Canton         | 26:47.09 | 8 |    |

| Team | Total | 1 | 2 | 3 | 4 | *5 | *6 | *7 | *8 | *9 |
|------|-------|---|---|---|---|----|----|----|----|----|
|------|-------|---|---|---|---|----|----|----|----|----|

### Results - Women

|   |                        |     |    |    |    |    |    |    |  |  |
|---|------------------------|-----|----|----|----|----|----|----|--|--|
| 1 | Luverne                | 16  | 1  | 2  | 6  | 7  | 11 |    |  |  |
|   | Total Time: 51:56.41   |     |    |    |    |    |    |    |  |  |
|   | Average: 12:59.11      |     |    |    |    |    |    |    |  |  |
| 2 | SF Christian           | 40  | 5  | 8  | 13 | 14 | 15 | 23 |  |  |
|   | Total Time: 55:35.48   |     |    |    |    |    |    |    |  |  |
|   | Average: 13:53.87      |     |    |    |    |    |    |    |  |  |
| 3 | Parkston               | 53  | 9  | 10 | 16 | 18 |    |    |  |  |
|   | Total Time: 56:52.78   |     |    |    |    |    |    |    |  |  |
|   | Average: 14:13.20      |     |    |    |    |    |    |    |  |  |
| 4 | Dell Rapids            | 74  | 3  | 19 | 22 | 30 | 34 | 38 |  |  |
|   | Total Time: 57:52.45   |     |    |    |    |    |    |    |  |  |
|   | Average: 14:28.12      |     |    |    |    |    |    |    |  |  |
| 5 | Beresford              | 85  | 12 | 17 | 25 | 31 | 36 | 42 |  |  |
|   | Total Time: 59:03.04   |     |    |    |    |    |    |    |  |  |
|   | Average: 14:45.76      |     |    |    |    |    |    |    |  |  |
| 6 | Freeman Academy/Marion | 87  | 4  | 24 | 26 | 33 | 35 |    |  |  |
|   | Total Time: 59:17.28   |     |    |    |    |    |    |    |  |  |
|   | Average: 14:49.32      |     |    |    |    |    |    |    |  |  |
| 7 | Tea Area               | 97  | 20 | 21 | 27 | 29 | 41 | 43 |  |  |
|   | Total Time: 1:00:10.08 |     |    |    |    |    |    |    |  |  |
|   | Average: 15:02.52      |     |    |    |    |    |    |    |  |  |
| 8 | Canton                 | 136 | 28 | 32 | 37 | 39 | 40 | 44 |  |  |

Total Time: 1:03:07.81

Average: 15:46.96